

Being A Broad

March 2008 #30

The monthly magazine for international women living in Japan

**our cover girl:
spinshell.tv's
Ai Uchida**

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women in finance**

**maintaining a
POSITIVE BODY IMAGE**



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MARATHON women

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THE LITTLE THINGS WE LOVE IN JAPAN



I love Priya—a new curry restaurant that recently opened in Hiroo high street. This is, without a doubt, the best curry I have ever had. The naan is perfectly cooked with just the right amount of chewiness and crispiness, and the curries are great. I always hate it when curries look like they are half full of oil—but there is not a hint of oil in these. And, you don't leave feeling bloated at the end. Great value too. Visit them online at <http://priyajapan.tripod.com>.—CP

We love Hands On Tokyo

for bringing this innovative model for a volunteer organisation to Tokyo. Founded in the late 80s in New York, Hands On works with the idea that many people who would otherwise wish to volunteer may not have the time to do so regularly. Hands On works by allowing people to sign up for group projects on the evenings



and weekends that require no long-term commitments. Hands on Tokyo (founded in 2006) is unique in that it is a "bilingual volunteer clearinghouse," which allows both

English and Japanese-speakers to volunteer side-by-side. Hands On Tokyo sends a volunteer coordinator out with each group of volunteers, along with prescreening the projects, to ensure that everyone has a positive experience. One of our BAB broods is involved with Hands on Tokyo through running a Special Olympics Bowling program, and has had a great experience doing so!

To find out about getting involved, visit www.handsontokyo.org/en/index.php.



I love the brunch at the Westin in Ebisu (<http://tinyurl.com/2ogunz>). The food is great, the interior makes me feel a bit like I am sitting in a Mediterranean café, and it has a four foot high chocolate fountain. At ¥4,500 per person it is a lovely way to treat yourself on the weekend.—CP

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I love being able to order a taxi, to my door, in English. Nihon Kotsu, which has 1,780 black and yellow cabs in Tokyo, has a special phone number for calling to pre-arrange pickup in English. Though they charge an extra ¥400 to come get you, it is well worth it, especially when you have luggage or need to ensure you make it to an appointment on time. To order your cab, visit: www.nihon-kotsu.co.jp/en/taxi or tel. 03-5755-2336.—LW



I love the Spinshell tv shop for bringing some of my favourite edible goodies from back home to me here

in Japan. High quality snacks such as specialty pestos are perfect for having a few friends over, while the authentic Dad's Rootbeer is a great reminder from my childhood. I love how easy it is to order off the website, which accepts all major credit cards as well as bank transfers, and will ship across Japan. www.spinshell.tv/shop.—DTS



I love the stila makeup that found its way into my stocking this Christmas! The pot of eye mousse in 'Honey' is easy to apply with your fingers and smooths on to a shimmery finish. I love to layer it on as a base followed by a darker brown powder shadow for night, or, on its own during the day, take advantage of the light-catching flecks to look more awake—always a good thing! The plumping lip gloss is great as well—the cherry-mint flavoured gloss gives a light pink sheen to your lips while the mint gives them a lively tingle and does, indeed, lead to plump and luscious lips. For stockists visit www.stila.co.jp.—DTS

